

# Press Release

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FOR IMMEDIATE RELEASE  
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## **BISHOP BARAGA CATHOLIC SCHOOL STUDENTS**

### **CELEBRATE WORLDWIDE ACES DAY**

CHEBOYGAN, MI: On May 4<sup>th</sup>, from 1:00 to 2:00 p.m., students at Bishop Baraga Catholic School will help Michigan celebrate worldwide ACES Day. ACES stands for All Children Exercise Simultaneously. The event helps teach children the important roles that physical activity and proper nutrition play in healthy living. Students from all 50 states and from 50 countries worldwide will participate, including almost 1,100 schools in Michigan. In Michigan, ACES is coordinated by the Michigan Fitness Foundation and sponsored by Farm Bureau Insurance. Len Saunders, a New Jersey physical education teacher, founded ACES in 1989. He wanted to encourage his students to be more physically active.

At Bishop Baraga Catholic School, students will participate in a simulated pilgrimage to Bishop Baraga's home in Marquette. All students and staff will walk at least one mile in designated areas in and around the school grounds, and along the nearby

recreational trail to simulate a 187-mile journey to Marquette. A map will be prominently displayed to chart the progress made throughout the pilgrimage. Parents and family members are invited to join the walk. Bishop Frederic Baraga was known as the 'snowshoe priest', mastering the use of snowshoes to travel to his congregations throughout northern Michigan, the Upper Peninsula, and parts of Canada and Wisconsin. In conjunction with the pilgrimage, students will collect pledges for the walk. Joining the students in the ACES celebration will be special guests Charles Taylor, Superintendent of Schools for the Diocese of Gaylord, Carol Stempky, Bishop Baraga Historian, and Curtis Chambers, Tribal Chairman of the Burt Lake (Cheboiganing) Band of Ottawa and Chippewa.

Bishop Baraga Catholic School was established in 1856 by Bishop Frederic Baraga. It has been in its new building located at the corner of Western and Lincoln Avenues since September 2005. Learn more about the school at [www.bishopbaraga.com](http://www.bishopbaraga.com).